

Recorded Presentation: <https://youtu.be/S6oVPqzpx0E>



Long-term Care Syndromic Antimicrobial Stewardship Session #2
Focused Antibiotic Stewardship Initiatives Directed Towards
Wounds, Skin and Soft Tissue Infections

Kellie Wark, MD, MPH | July 20, 2023

Presenters

Kellie Wark, MD, MPH

Antimicrobial Stewardship Lead

Kansas Department of Health and Environment

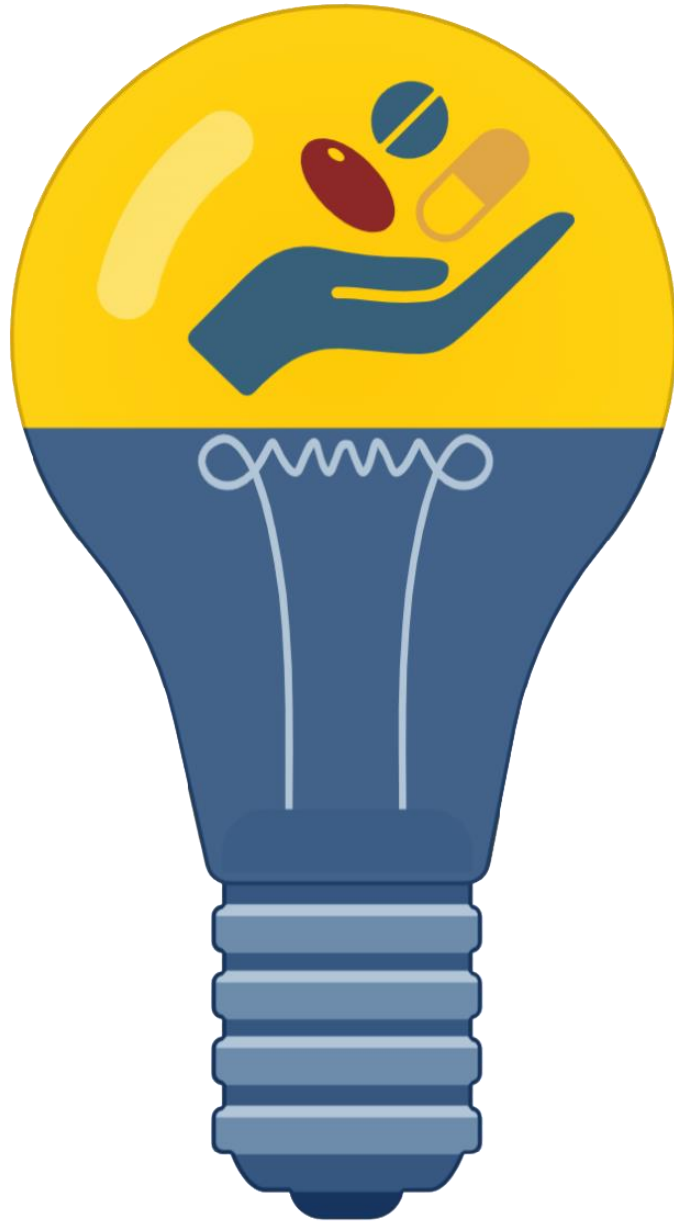
Kellie.Wark@ks.gov

Asst. Professor of Infectious Disease

The University of Kansas Health Systems

kwark@kumc.edu






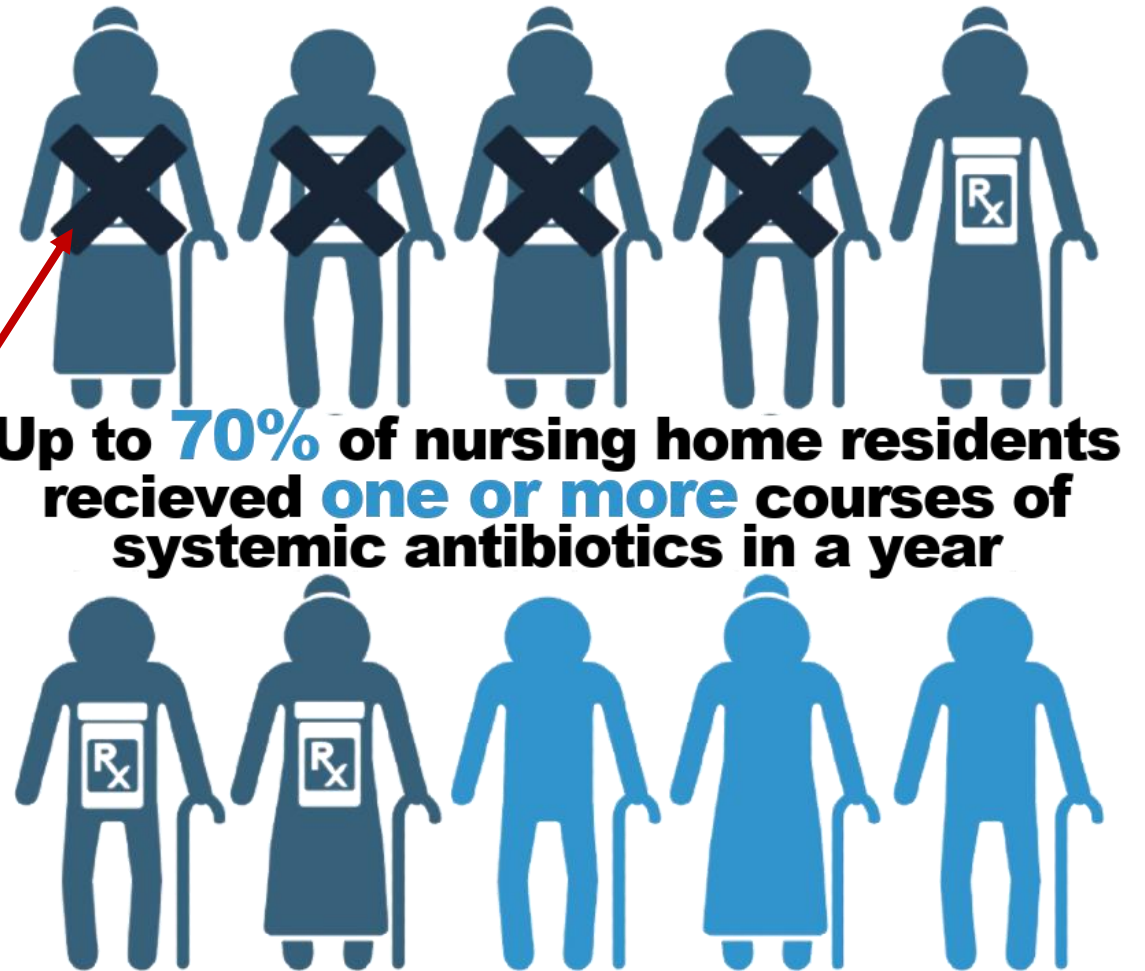
Objectives

- Discuss the epidemiology and pathogenesis of wounds, skin and soft tissue infections
- Identify and implement evidence based antibiotic stewardship initiatives directed towards wounds, skin and soft tissue infections
- Differentiate effective communication strategies for optimize antimicrobial choices

Epidemiology

Antibiotic Rx for people > 65 between 2000 – 2010, abx:

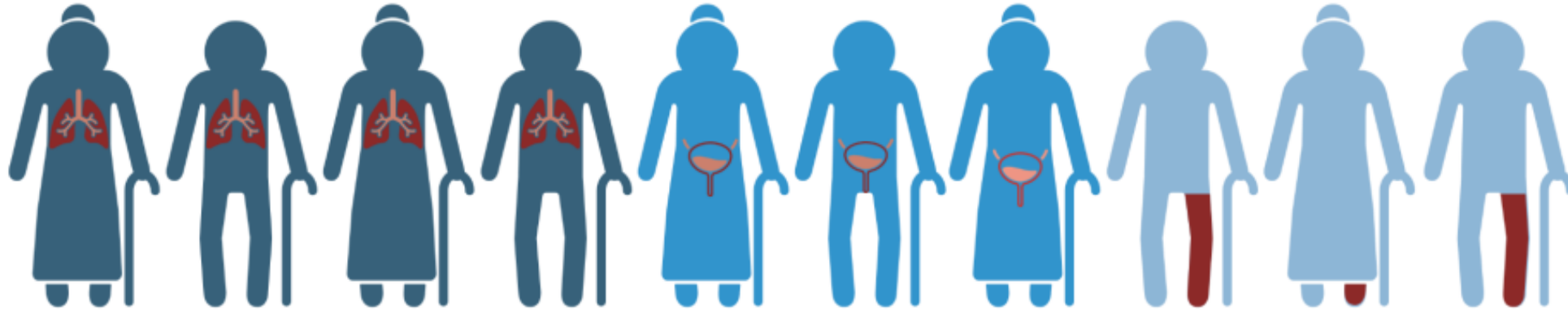
-  30% in antibiotics
- 1,048 Rx / 1000 persons
- 10% of NH residents are on an abx on any given day
- 30-50% of these abx are not indicated



Sources: Lee G., et al. BMC Med 2014; 12:96.
Hicks L, et al. CID 2015;60(9); 1308-16.
Pakyz A., et al. ICHE 2010; 31(6):661-62.

Epidemiology - Cellulitis

Skin infections are the **third most** frequently diagnosed infection among nursing home residents

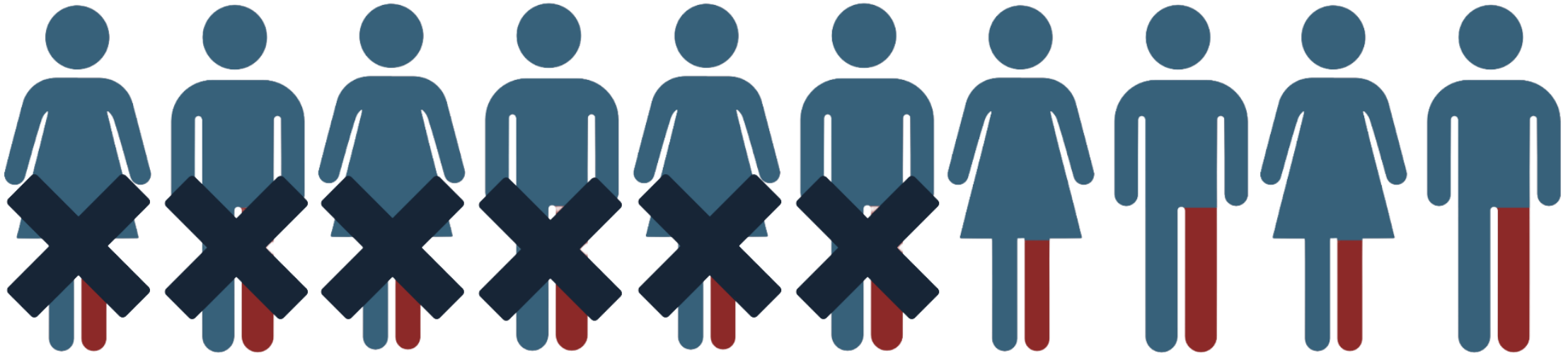


- 14.5 million diagnosed annually
- 650,000 hospital admissions
- 10% of all infectious disease related hospitalizations
- Nursing homes: 3rd most common infection diagnosed
- Most common skin diagnosis
 - >50% of abx Rx by off-site providers
 - <50% have documented follow-up

Sources: Cutler T., et al. J Hosp Med. 2023; 18; 254-61.
Yogo N., et al. Front Med 2016; 3(30).

Mimics

- Retrospective review: 31-74% patients initially diagnosed with cellulitis were given alternative diagnosis on further evaluation
- Cellulitis was the most frequently misdiagnosed condition among all dermatology consultations



Sources: Cutler T., et al. J Hosp Med. 2023; 18; 254-61.
Strazzula L, et al. J Am Acad Dermatol. 2015; 73(1):70-75.
Kroshinsky D., et al. JAMA Dermatol. 2016; 152:477-80.

Differential

Diagnosis

Cellulitis

Non-infectious

Location

- Unilateral

- Bilateral

Acuity

- Sudden

- Chronic

Associated Symptoms

- Warmth
- Pain

- Itching
- Burning (could be infection)

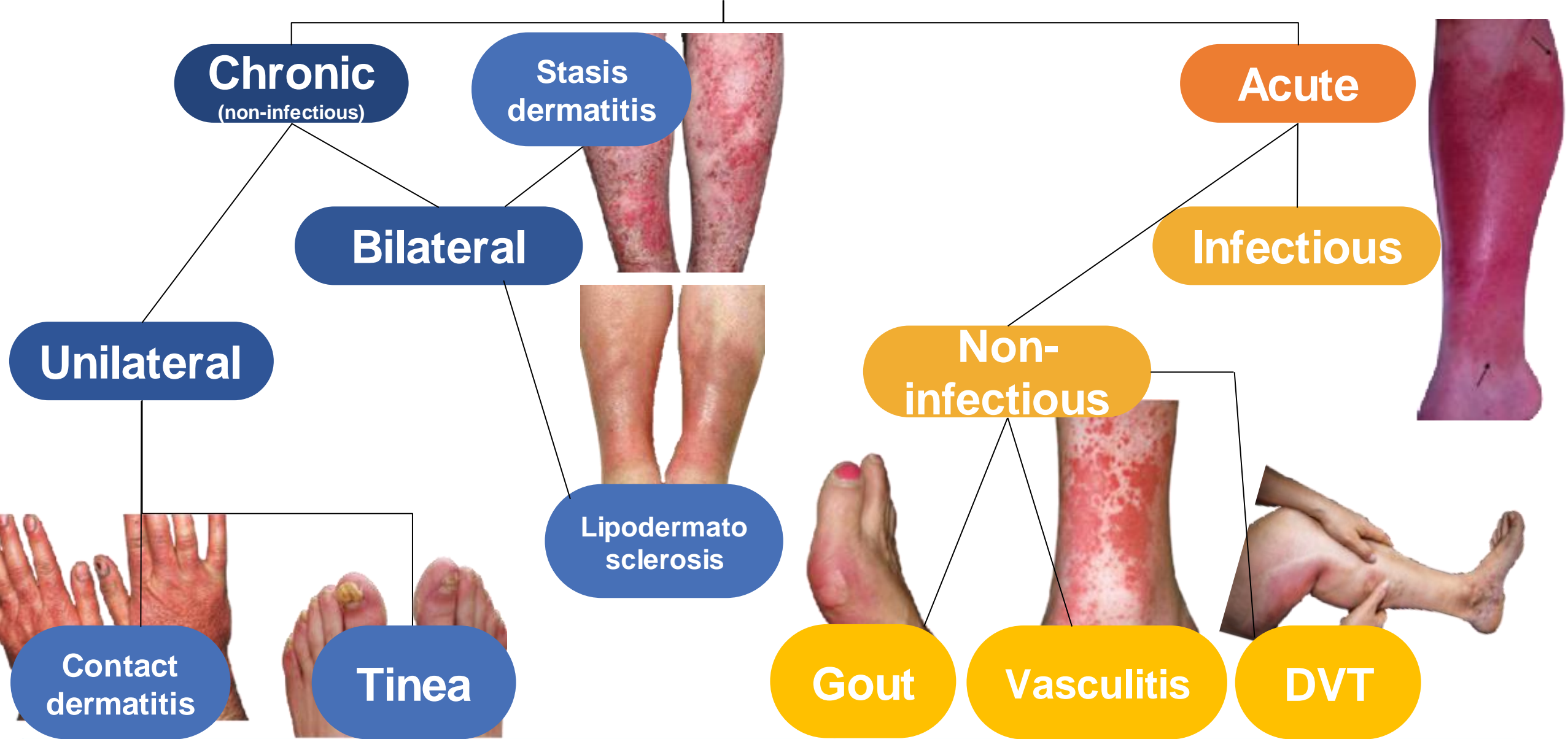
Appearance

- Well-demarcated

- Hyperpigmented
- Flaky or shedding



Red Legs Differential



Incontinence-Associated Dermatitis

Form of contact dermatitis

- Urine and feces are chemical and physical irritants
- ↑ skin pH → ↑ permeability → ↓ breakdown → friction → ↑ infections
- Wet, macerated in acute phase → dryness, peeling in chronic phase



Surveillance Definitions

Caution: Diagnostic or Treatment Indications

*Presence of organisms cultured from surface of wound are **not** sufficient evidence that the wound is infected*

McGeer Criteria	Loeb Minimum Criteria
Pus at SSTI site	New or increased purulence at SSTI site
OR	Or
4 of the following	2 of the following:
1) ↑ warmth	1) ↑ warmth
2) ↑ redness	2) ↑ redness
3) ↑ swelling	3) ↑ swelling
4) ↑ tenderness	4) ↑ tenderness
5) Serous drainage	5) Fever (>100F)
6) Constitutional findings (temp, WBC)	

Sources: Stone N., et al. ICHE 2012; 33(10):965-77.

Loeb M. et al. ICHD 2001; 22(2): 120-4.

Surveillance

LTC Skin, Soft Tissue, and Mucosal Infection Worksheet (McGeer Criteria 2012)

Type of Infection:

Resident Name	MR#	Date of Admission	Resident Location (hall/room #)
Relevant findings (source, culture date, organism(s), vital signs, etc.)		Date of ONSET of S&S	<input type="checkbox"/> ≤ 2 calendar days = Community Acquired <input type="checkbox"/> > 2 calendar days after admit = Facility Acquired
<input type="checkbox"/> MDRO?			
Date of Infection		Person completing form	

Type of Infection	Signs and Symptoms	Comments
<input type="checkbox"/> Cellulitis, soft tissue, or wound	<p>MUST HAVE at least 1 of the following:</p> <p>___ Pus present at a wound, skin, or soft tissue site</p> <p>___ New or increasing presence of at least 4 of the following:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Heat at the affected site <input type="checkbox"/> Redness at the affected site <input type="checkbox"/> Swelling at the affected site <input type="checkbox"/> Tenderness or pain at the affected site <input type="checkbox"/> Serous drainage at the affected site <input type="checkbox"/> One constitutional criterion (Refer to Appendix): <ul style="list-style-type: none"> ○ Fever* ○ Leukocytosis* ○ Acute change in mental status from baseline* ○ Acute functional decline* 	Presence of organisms cultured from the surface (e.g., superficial swab sample) of a wound is NOT sufficient evidence that the wound is infected. More than 1 resident with streptococcal skin infection from the same serogroup (e.g., A, B, C, G) in a long-term care facility may indicate an outbreak.

Type of Infection	Signs and Symptoms	Comments
<input type="checkbox"/> Scabies	<p>___ MUST HAVE a maculopapular and/or itching rash</p> <p>___ MUST HAVE at least 1 of the following:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Physician diagnosis <input type="checkbox"/> Laboratory confirmation (scraping or biopsy) <input type="checkbox"/> Epidemiologic linkage to a case of scabies with laboratory confirmation 	An epidemiologic linkage to a case can be considered if there is evidence of geographic proximity in the facility, temporal relationship to the onset of symptoms, or evidence of common source of exposure (i.e., shared caregiver). Care must be taken to rule out rashes due to skin irritation, allergic reactions, eczema, and other noninfectious skin conditions.
<input type="checkbox"/> Fungal oral or perioral and skin	<p><u>Oral candidiasis</u></p> <p>___ MUST HAVE presence of raised white patches on inflamed mucosa or plaques on oral mucosa</p> <p>___ MUST HAVE diagnosis by a medical or dental provider</p>	Macrocuteaneous <i>Candida</i> infections are usually due to underlying clinical conditions such as poorly controlled diabetes or severe immunosuppression. Although they are not transmissible infections in the healthcare setting, they can be a marker for increased antibiotic exposure.
	<p><u>Fungal skin infection</u></p> <p>___ MUST HAVE characteristic rash or lesions</p> <p>___ MUST HAVE either a diagnosis by a medical provider or laboratory-confirmed fungal pathogen from a scraping or a medical biopsy</p>	
<input type="checkbox"/> Herpes virus skin	<p><u>Herpes simplex infection</u></p> <p>___ MUST HAVE a vesicular rash</p> <p>___ MUST HAVE either physician diagnosis or laboratory confirmation</p>	Reactivation of herpes simplex ("cold sores") or herpes zoster ("shingles") is not considered a healthcare-associated infection. Primary herpes virus skin infections are very uncommon in a LTCF except in pediatric populations, where it should be considered healthcare associated.
	<p><u>Herpes zoster infection</u></p> <p>___ MUST HAVE a vesicular rash</p> <p>___ MUST HAVE either physician diagnosis or laboratory confirmation</p>	

Download

spice.unc.edu/wp-content/uploads/2017/03/Skin-Soft-Tissue-Mucosal-Infection-Worksheet-McGeer-SPICE.pdf_k

Diagnosis: ALT-70

Model for predicting presence of true cellulitis in the Emergency Department (ED)

- Asymmetry
- Leukocytosis
- Tachycardia
- Age
- 0-2: unlikely
- 3-4: indeterminate, consider alternatives
- 5-7: likely cellulitis

Sources: Raff A., et al. JAAD. 2017; 625.
Singer S et al. JAAD. 2019; 1252-56.
Li D., et al. JAAD. 2018;79(6):1076-80.

ALT-70 Score for Cellulitis ☆

Predicts likelihood of lower extremity cellulitis over other diagnoses.

INSTRUCTIONS

Use in adult patients presenting to the ED with a red leg and clinical concern for cellulitis. Do not use if: visible abscess/fluctuance, penetrating trauma, burn, diabetic ulcer, hardware/device, post-operative patient, or recent (within 48 hrs) IV antibiotic use.

When to Use ▾

Pearls/Pitfalls ▾

Why Use ▾

Asymmetric

No 0

Yes +3

Age ≥70 years

No 0

Yes +2

WBC in ED ≥10,000/μL

No 0

Yes +1

HR in ED ≥90 bpm

No 0

Yes +1

5 points

ALT-70 Score

Treat

>82.2% likelihood of true cellulitis

Copy Results 📄

Next Steps >>>

MDcalc.com

Polling Question

Does your facility have a guideline for cellulitis?

A. Yes

B. No

Guidelines






Example Guidelines			
Condition	Pathogens	Treatment	Duration
Impetigo	  MSSA or MRSA Streptococcus pyogenes	Topical mupirocin 2% three times daily	5 days
If numerous lesions		Cephalexin 500 mg TID to QID or Cefadroxil 500 mg BID or Clindamycin 300 mg QID	
		Penicillin Allergic Alternative: Amoxicillin/clavulanate 875 mg BID	
Erysipelas	 Streptococcus pyogenes Beta-hemolytic strep	Amoxicillin 500-875 mg BID to TID Penicillin Allergic Alternative: Amoxicillin/clavulanate 875 mg BID Clindamycin 300 mg QID	

Image Source: pcids.org & dermnetz.org

Guidelines

Example Guidelines

Condition	Pathogens	Treatment	Duration
Non-purulent cellulitis 	Streptococcus pyogenes Beta-hemolytic strep Less: MSSA or MRSA	Cephalexin 500 mg TID to QID or Cefadroxil 500 mg BID	5 days (may extend based on response)
Non-purulent cellulitis with MRSA risk factors* 	MSSA MRSA	Cephalexin or cefadroxil PLUS Bactrim 1-2 DS tab BID or Doxycycline 100 mg BID Penicillin Allergic Alternative: Clindamycin 300 mg QID	

* MRSA Risk factors: prior MRSA infection or colonization, close contact with MRSA, high community prevalence, crowded living conditions (homeless shelters, military barracks, prison), contact sports (wrestling, football), IV drug use

Guidelines

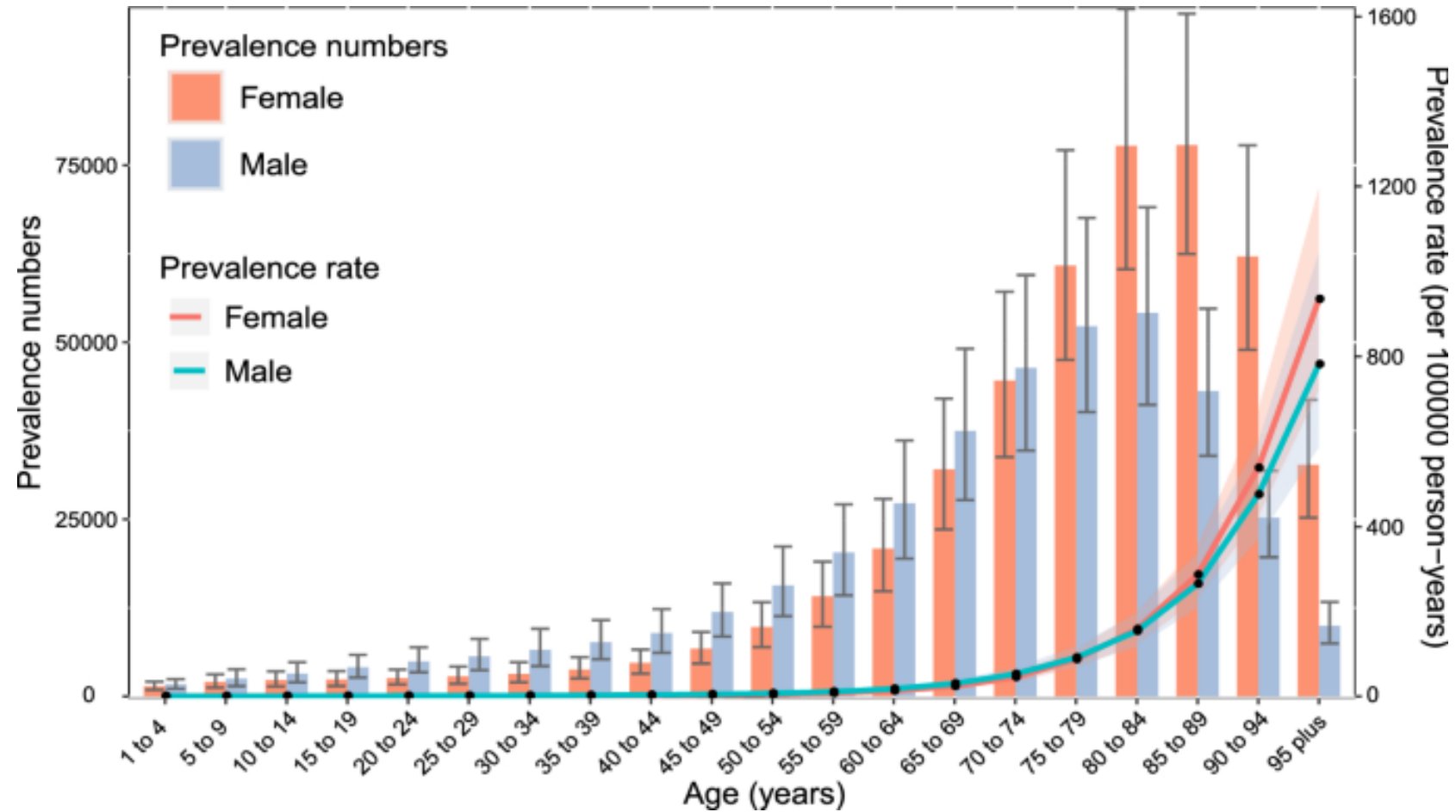
Example Guidelines

Condition	Pathogens	Treatment	Duration
Purulent cellulitis with drainable collection	MSSA MRSA Less: Beta-hemolytic strep	Perform Incision and Drainage (I&D) Adjunctive antibiotics are recommended in certain scenarios if drained*	5 days (may extend based on response)
		* abscesses >2 cm, extensive disease (multiple abscesses or multiple sites of infection), clinical signs or symptoms of infection, inadequate response following I&D, immunosuppression	
Purulent cellulitis WITHOUT drainable fluid collection	MSSA MRSA Less: Beta-strep	Bactrim 1-2 DS tabs BID or Doxycycline 100 mg BID	

Sources: Stevens D., et al. CID 2014; 59(2); e10-52.
 Stryjewski M., et al. CID 2008; 46 suppl 5: s368-77.
 Daum R et al. NEJM 2017; 376:2545-55.

Epidemiology - Pressure Ulcers (PU)

- 2.5 million per year
- 130 incident cases per 100,000
- 60,000 deaths annually
 - 4.5 x mortality than those with same risk factors but w/o PU



Sources: Zhang X., et al. Sci Reports; 2021;11(21750).
Borojeny L., et al. Int J Prev Med. 2020;11:171.
Kaka A. et al. Open Forum Inf Dis. 2019.
[AHRQ](#) Decubitus Ulcer, updated 2014.

Economic Burden

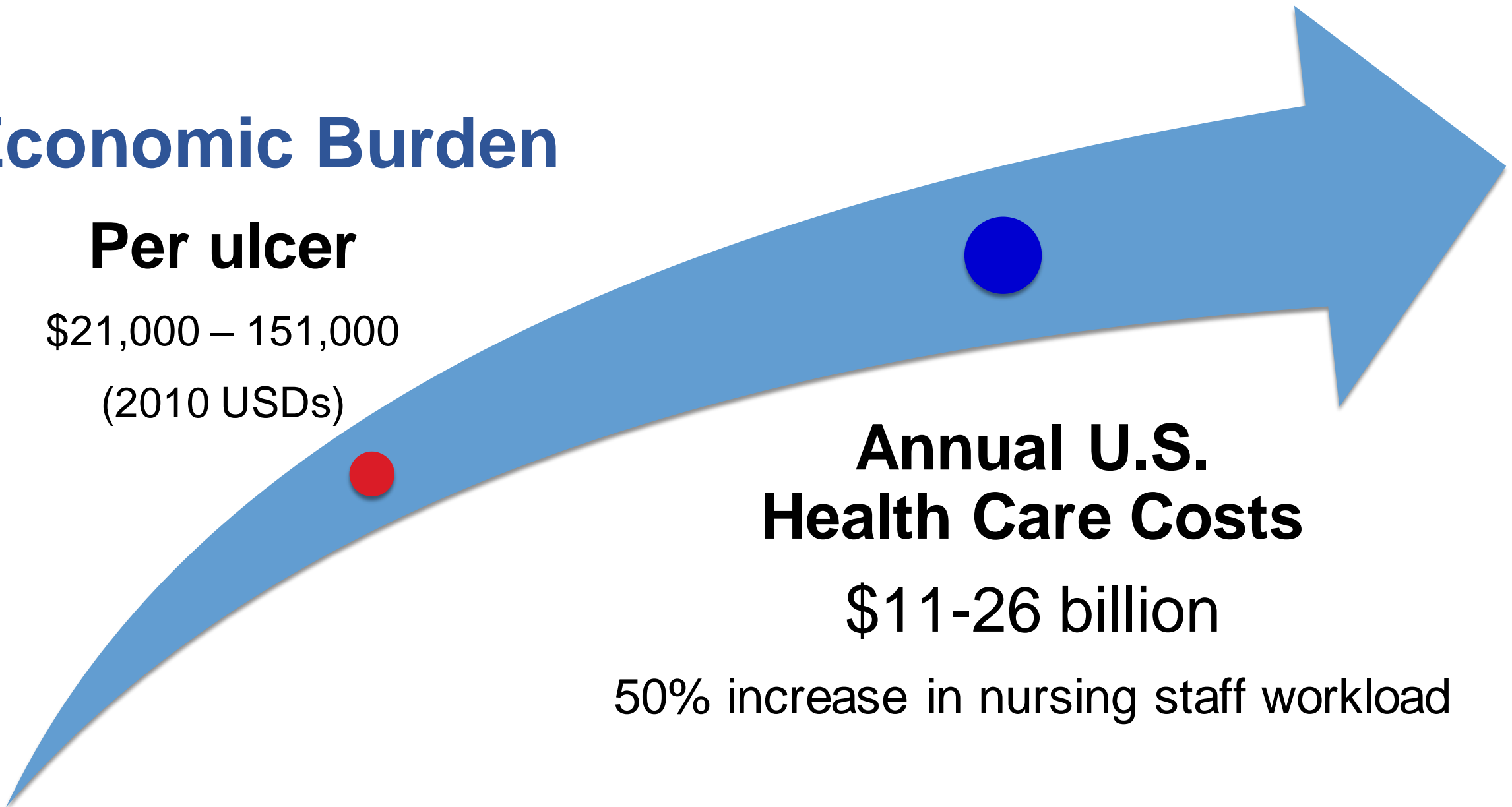
Per ulcer

\$21,000 – 151,000
(2010 USDs)

Annual U.S. Health Care Costs

\$11-26 billion

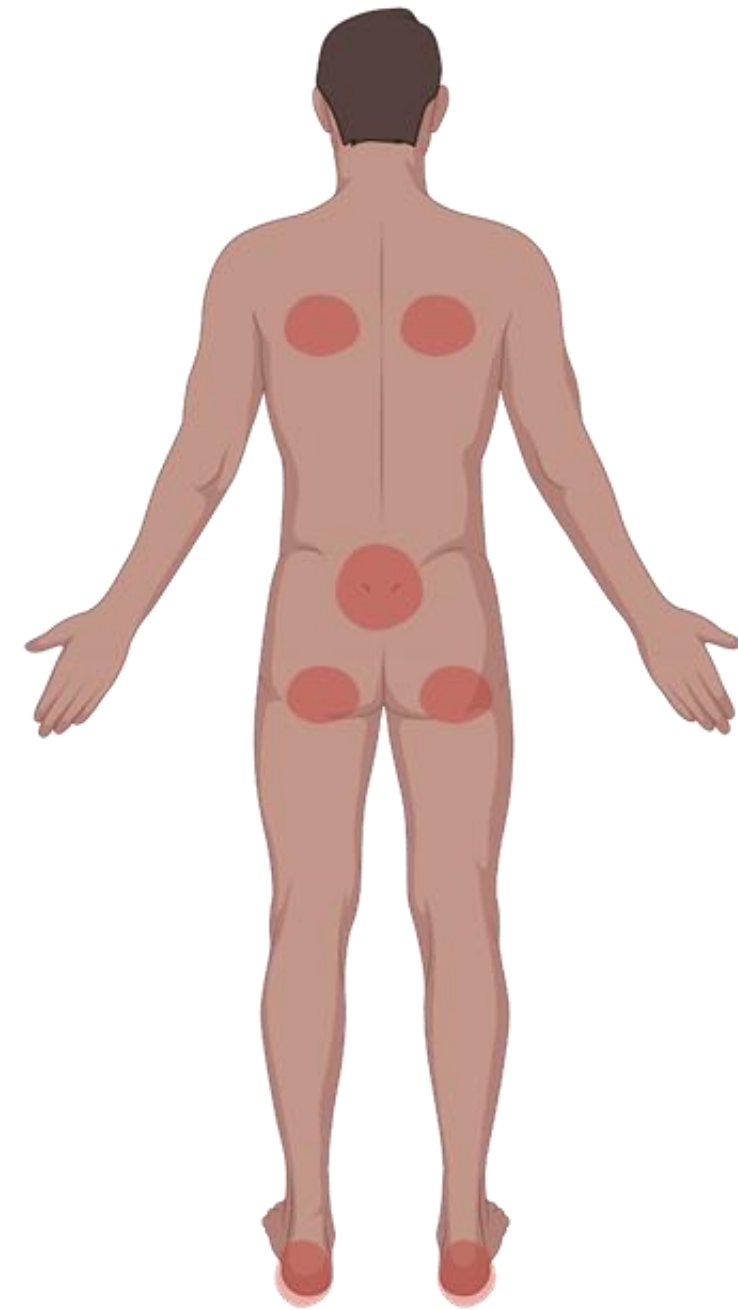
50% increase in nursing staff workload



Sources: Driver et al., Vasc Surg 2010;52(3)::17s-22s.
Rice J., et al. Diabetes Care. 2014;32(3):651-8.
Apelqvist J., et al. J Intern Med. 1994;255(5):463-71.

Pressure Ulcer Locations

- Ischium
- Sacrum
- Buttocks
- Trochanter
- Heels
- Malleolus
- Scapula
- Elbow



Polling Question

Which of the following are factors in development of a pressure ulcer?

- A. Immobility and debility
- B. Infrequent off-loading
- C. Malnutrition
- D. Urinary and/or fecal incontinence
- E. All of the above

Polling Question

Which of the following are factors in development of a pressure ulcer?





- A. Immobility and debility
- B. Infrequent off-loading
- C. Malnutrition
- D. Urinary and/or fecal incontinence
- E. **All of the above**

Pressure Ulcer Risk Factors



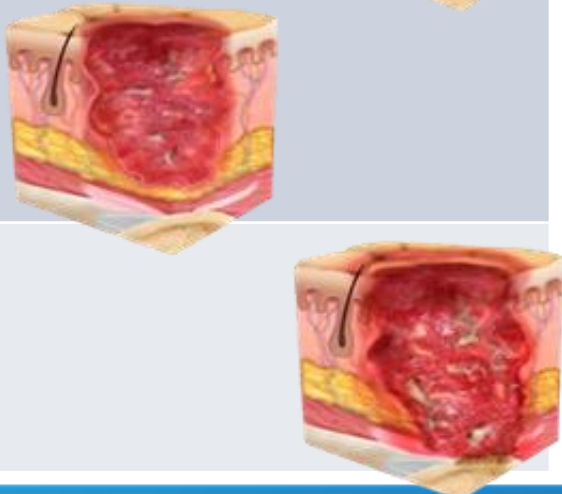
Risk Factor	OR (95% CI)
Antibiotic resistant infection	2.85 (2.1-3.7)
Underweight	2.2 (1.2-4.2)
Paraplegia > Quadriplegia	2.3 (1.8 – 2.4)
Malnutrition	2.1 (1.6-2.8)
Diabetes	1.7 (1.4-2.3)
Male	1.6 (1.4-1.8)
Black	1.5 (1.3-1.7)
Chronic Obstructive Pulmonary Disease (COPD)	1.5 (1.3-1.7)
Bowel incontinence	1.3 (1.1-1.6)
Obese	0.5 (0.3-0.9)

Source: Cowan L. et al. Adv in Skin and Wound Care. 20199;32(3):122-30.

Pressure Ulcer Classification

Stage	Description	
1	Intact skin , non-blanchable redness an hour after pressure relief	
2	Partial thickness loss of dermis	
3	Full-thickness tissue loss, possible visible fat, muscle	
4	Full-thickness tissue loss, involvement of bone, tendon, joint	

Pressure Ulcer Classification

Stage	Description	
1	Intact skin, non-blanchable redness an hour after pressure relief	
2	Partial thickness loss of dermis	
<p>Stage 3 & 4 Level of injury nearly always require surgical management to achieve wound closure</p>		

Polling Question

True or False: In a chronic wound the only good bacteria are dead bacteria?

A. True

B. False

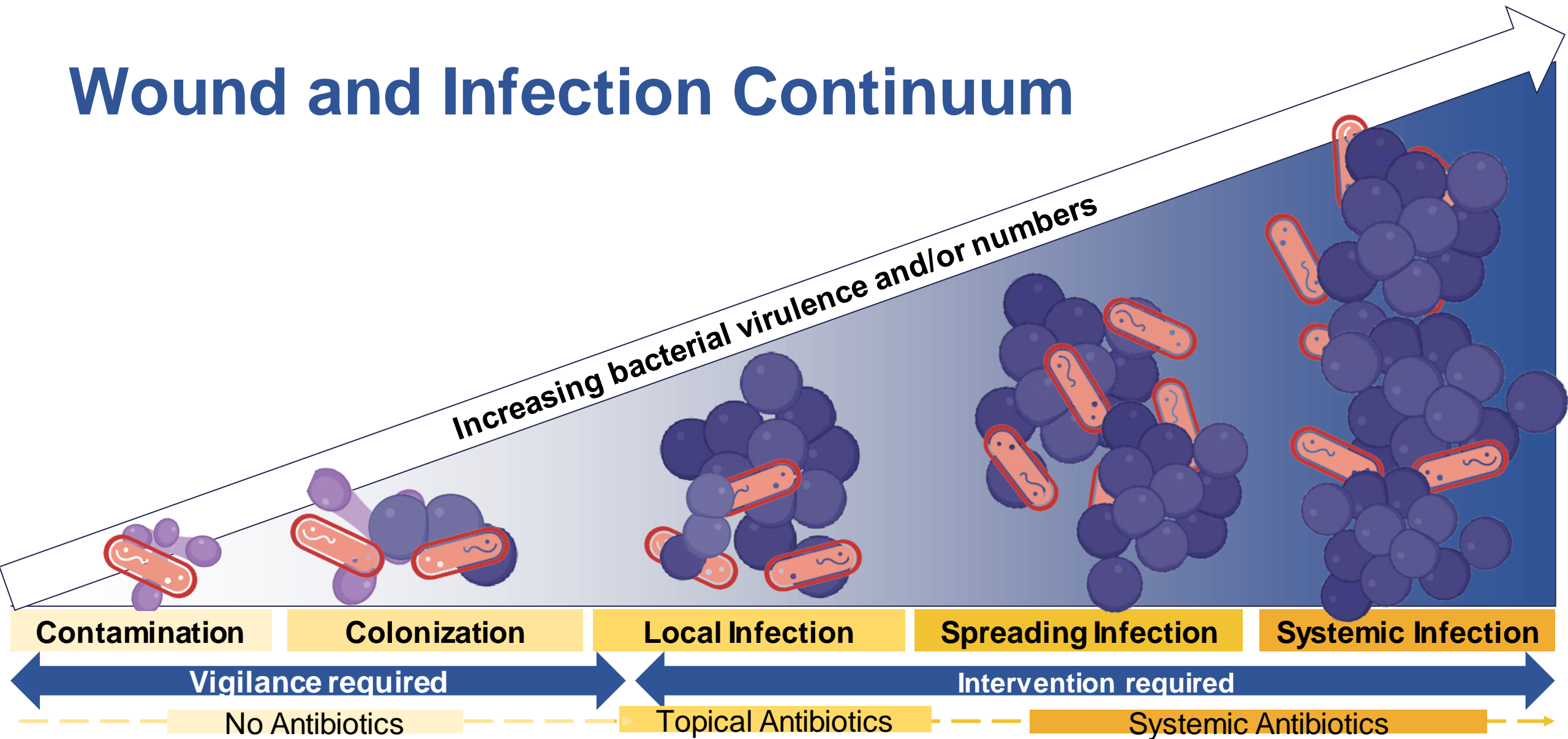
Polling Question

True or False: In a chronic wound the only good bacteria are dead bacteria?

A. True

B. **False**

Wound and Infection Continuum



Signs & Symptoms Associated with Stages of Wound Infection

Increasing bacterial virulence and/or numbers

Contamination

- Nonproliferating bacteria or yeast in wound
- No healing delay

Colonization

- Microorganisms present with limited proliferation
- No delay in healing

Local Infection Covert (subtle)

- Hyper granulation, bleeding, friable, exudates
 - Delayed wound healing
- ### Overt (classic)
- Erythema, warmth, swelling,
 - purulent discharge, wound breakdown, enlargement, increased or new pain, malodor

Spreading Infection

- Extending induration, erythema >2 cm from wound edge
- crepitus, wound breakdown or dehiscence
- Lymphangitis

Systemic Infection

- Malaise, lethargy
- Loss of appetite
- Fever, sepsis, septic shock, organ failure, death

Signs & Symptoms Associated with Stages of Wound Infection

Increasing bacterial virulence and/or numbers

Contamination

- Nonproliferating bacteria or

Colonization

- Microorganisms present with

Local Infection Covert (subtle)

- Hyper granulation, friable, wound healing (classic), warmth, discharge, breakdown, increased pain, malodor

Spreading Infection

- Extending induration, erythema >2 cm from wound edge
- crepitus, wound breakdown or dehiscence
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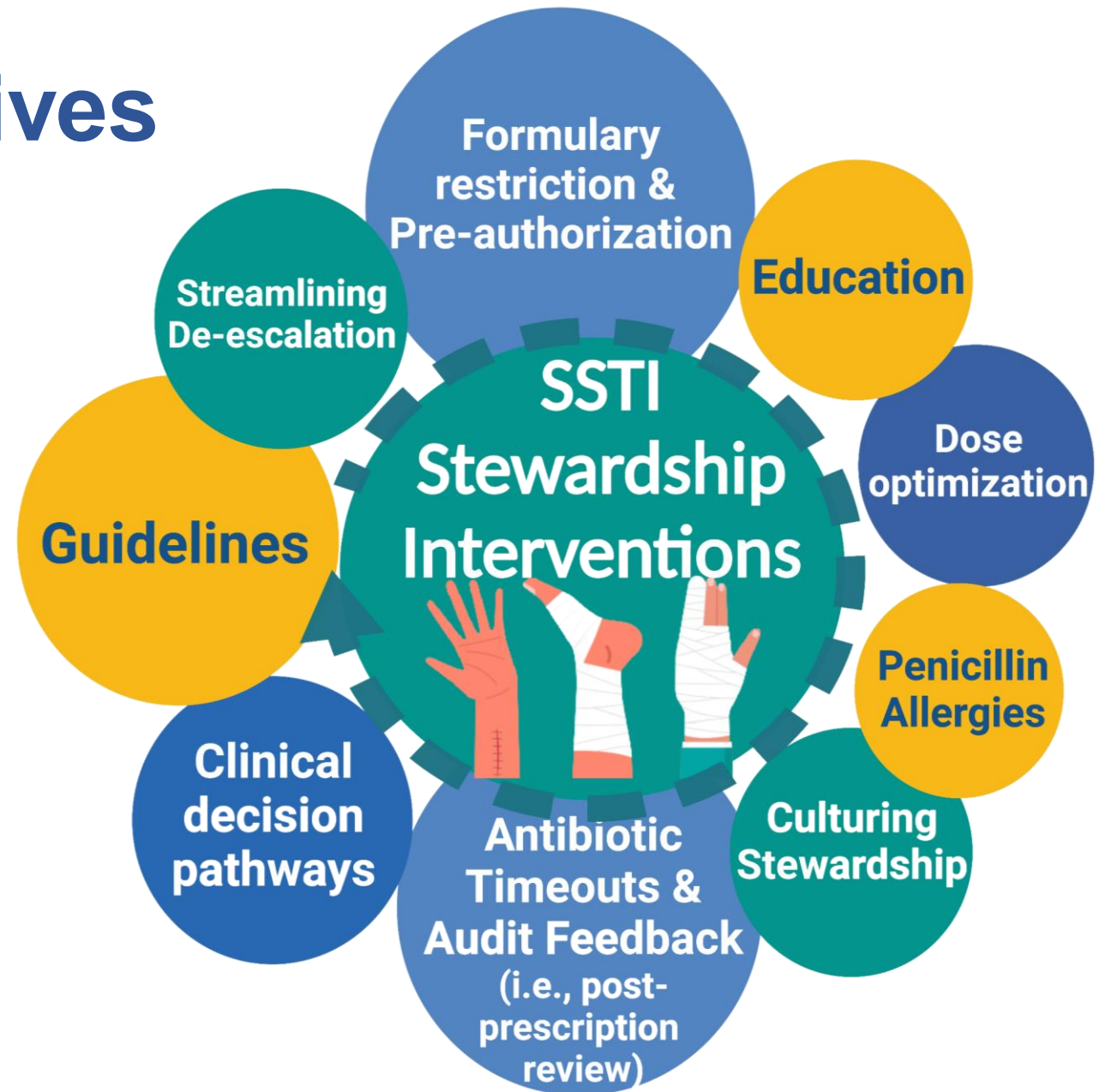
Systemic Infection

- Malaise, lethargy
- Loss of appetite
- Fever, sepsis, septic shock, organ failure, death

**No antibiotics indicated
Yet represent 2/3
antibiotics prescribed**

Stewardship Initiatives

- Culturing stewardship
- Facility guidelines
- Clinical Decision Support
- Bundles
- Communication Strategies
- Education

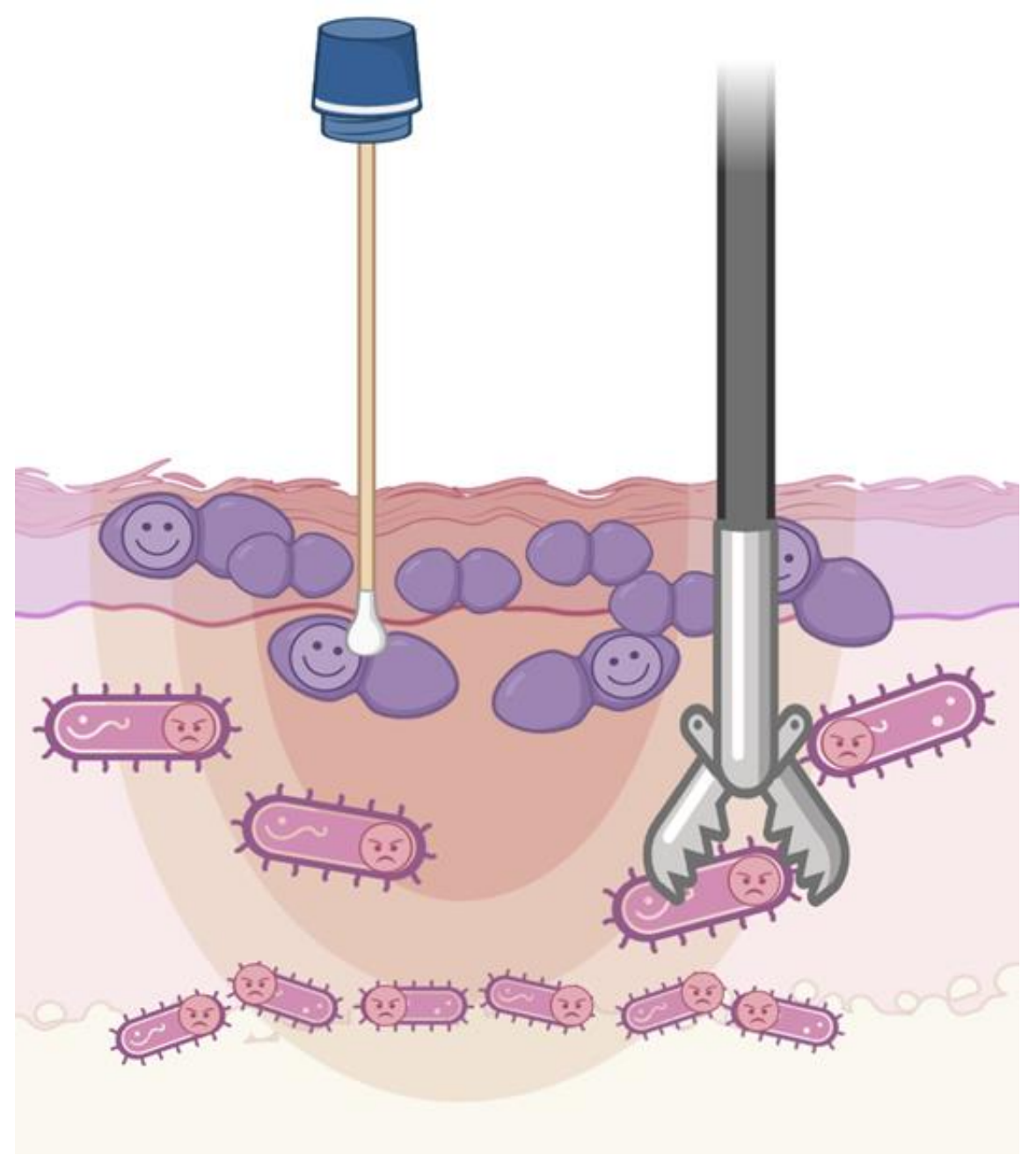


Culturing Stewardship

Surface wound culture results \neq true infection

- Sensitivity 49%
- Specificity 62%

If/when swabs are obtained, rotate swab over a 1-cm square area with sufficient pressure to express fluid from within wound or tissue



Culturing

Best

Collection Devices
tissue/pus/fluid >>> swabs

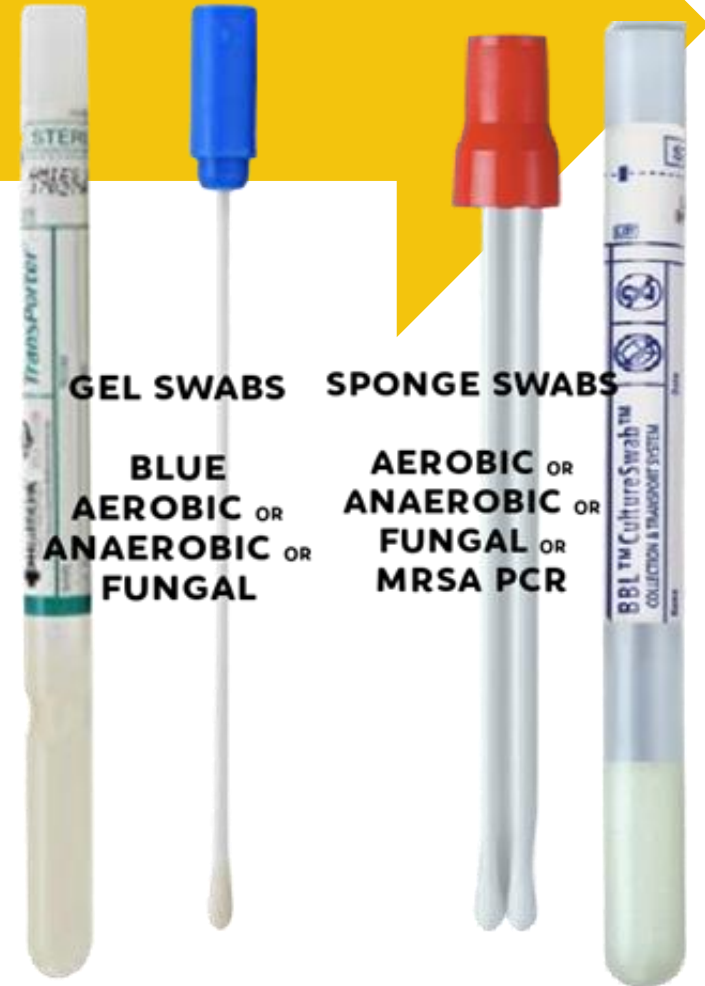


TRADITIONAL SWAB

FLOCKED SWAB



eSwab
transport
SYSTEM
For Aerobic, Anaerobic & Fungal Infections



GEL SWABS

SPONGE SWABS

BLUE
AEROBIC OR
ANAEROBIC OR
FUNGAL

AEROBIC OR
ANAEROBIC OR
FUNGAL OR
MRSA PCR

BBL™ CultureSwab™
COLLECTION & TRANSPORT SYSTEM

Diagnostic Stewardship

Pre-Analytic	Analytic	Post-Analytic
<p>Ordering: Focus on testing only high pretesting probability</p> <p>Collecting: Sample collection and transport to optimize yield, reduce contamination</p> <p>Testing: Only dependent upon symptoms; avoid blanket or repeated wound cultures.</p> <p>Technique: Sampling from wound or sending optimal intraoperative cultures</p>	<p>Lab Processing: Use adjunctive tests distinguish colonization from infection</p> <p>Culturing criteria: Only if signs of infection</p>	<p>Reporting: Resulted in format that guides appropriate practice</p> <p>Micro-nudges/comments: E.g., “multiple organisms reflecting contamination”</p> <p>Cascading Antibiotic Choices: Display only preferred antibiotics</p>

Source: Morgan D., et al. JAMA 2017;318(7):607-608.

Clinical Practice Guidelines

- Guideline development for cellulitis and abscesses
- Order set
- Educational campaign
 - e-mail
 - intranet
 - work areas

Outcomes Cultures

- **14%** (80%--> 66%, p=0.003)

Imaging

- **14% cellulitis** (94%->80%, p=0.03)

+ **11% abscesses** (69%->80%, p=0.09)

Clinical Practice Guidelines

Guideline development for pressure ulcers in NH

- Education package
- Care plan
- Practice policy
 - Prevention
 - Management
- Electronic risk tool
 - Risk status
 - Assessment using Braden Scale
 - “Silver Chain Pressure Ulcer Risk Assessment (PURA) Tool

Outcomes Perceptions

- 100% nurse agreement the tool helped to identify at risk
- 95% agreed improved new workflow and guideline implementation

Antibiotic Optimization Opportunities



Right Drug

- Strep >> staph
- Purulent cellulitis
no P.aeruginosa or anaerobic coverage



Right Route

- Uncomplicated skin and soft tissue infections: equal efficacy IV and PO
- Fewer complications with PO, decreased costs



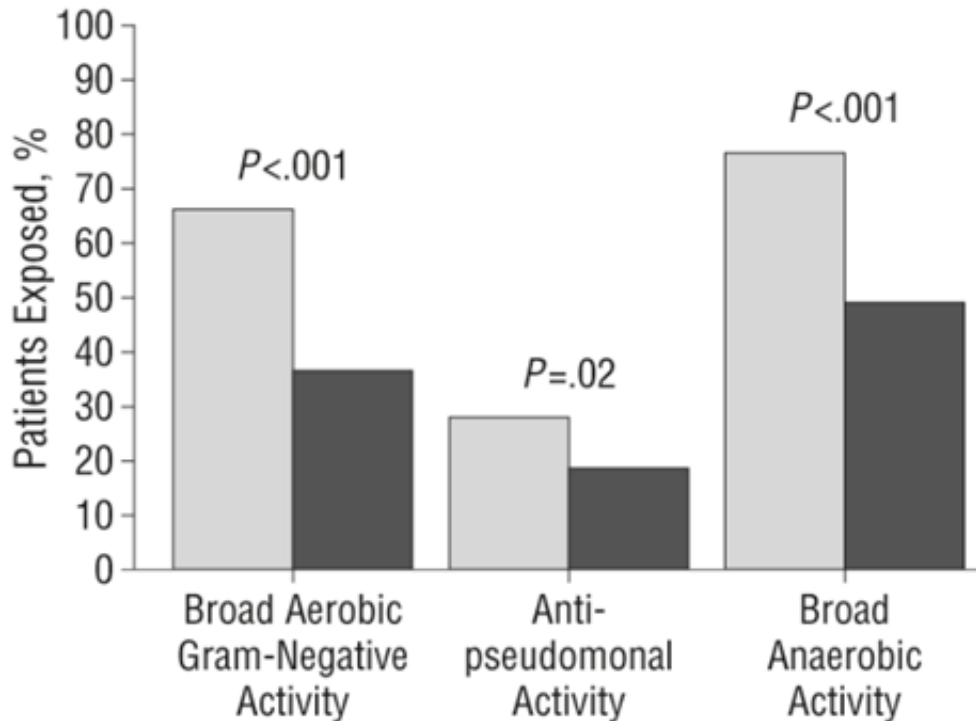
Right Dose



Right Duration

- Four randomized controlled trials: 5 vs 10 days - no change in cure

Clinical Practice Guidelines



Outcomes

Anti-pseudomonal use

- **10%** (28% → 18%, $p = 0.02$)

Duration

- **3 days** (13 [IQR 10-15] → 10 [IQR 9-12], $p < 0.001$)

- **24% reduction prolonged >10 day courses** (38% → 14%, $p = 0.001$)

Clinical Decision Support Systems

- Clinical Decision Support System (CDSS) for empiric antibiotic prescribing non-purulent cellulitis
- Pulls in EHR data to provide real-time recommendations (e.g. prior micro, prior antibiotics, renal function)

Outcomes Length of Stay

- **47%** (0.53, 95% CI -0.97 to -0.09, p=0.018)

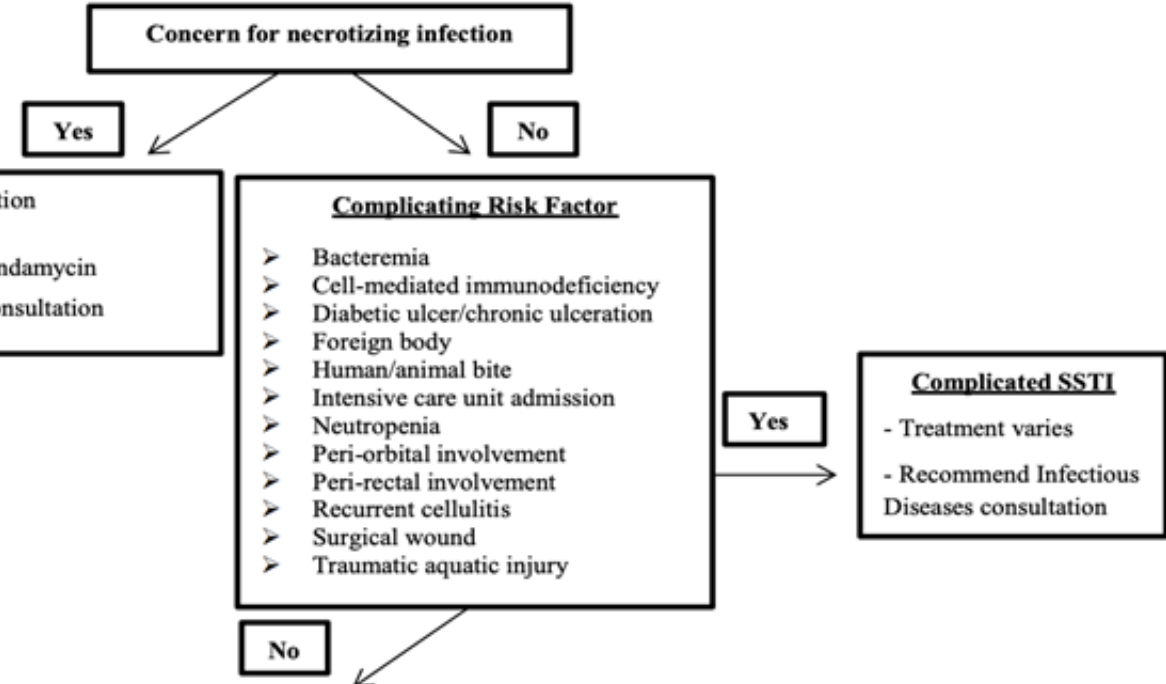
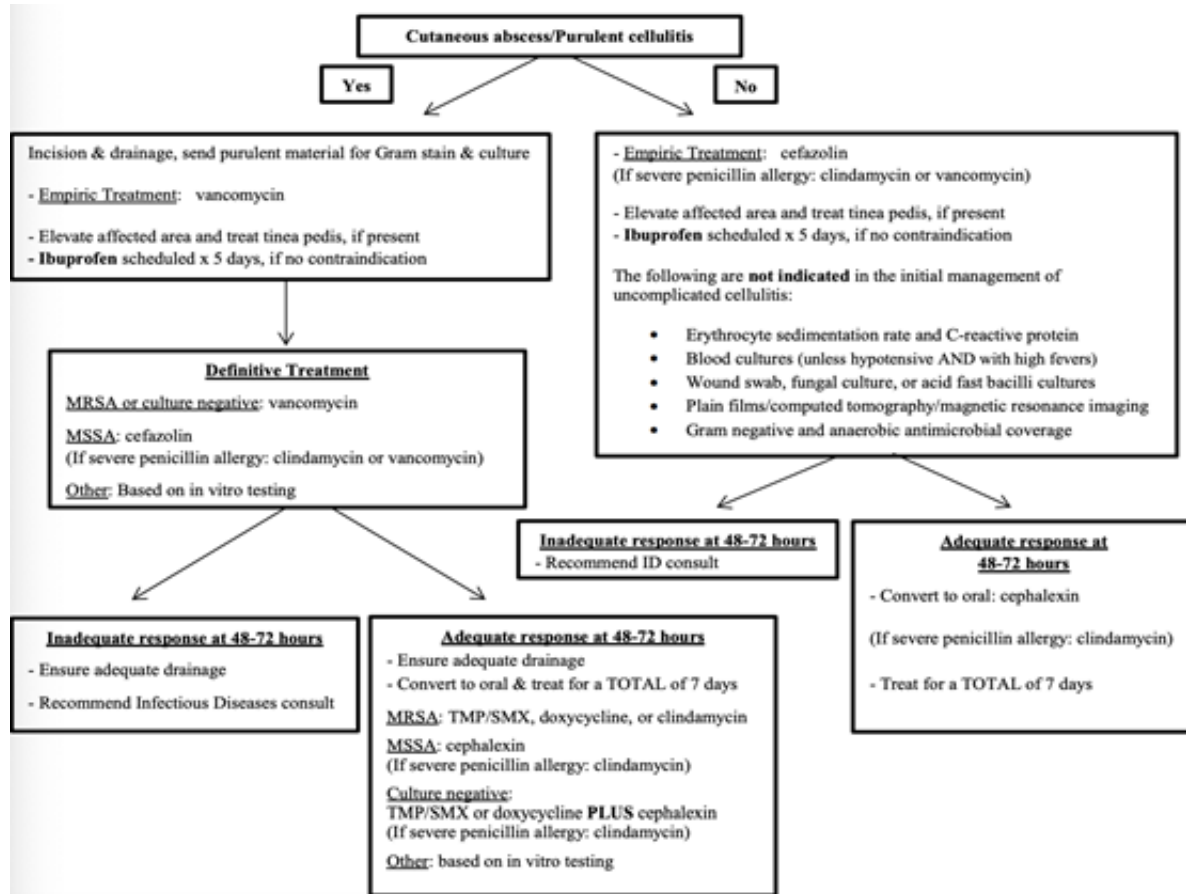
30-day readmission

No change (CI 10.38%→10.58%, p=0.8180)

30-day mortality

No change (CI 5.37%→5.49%, p=0.8730)

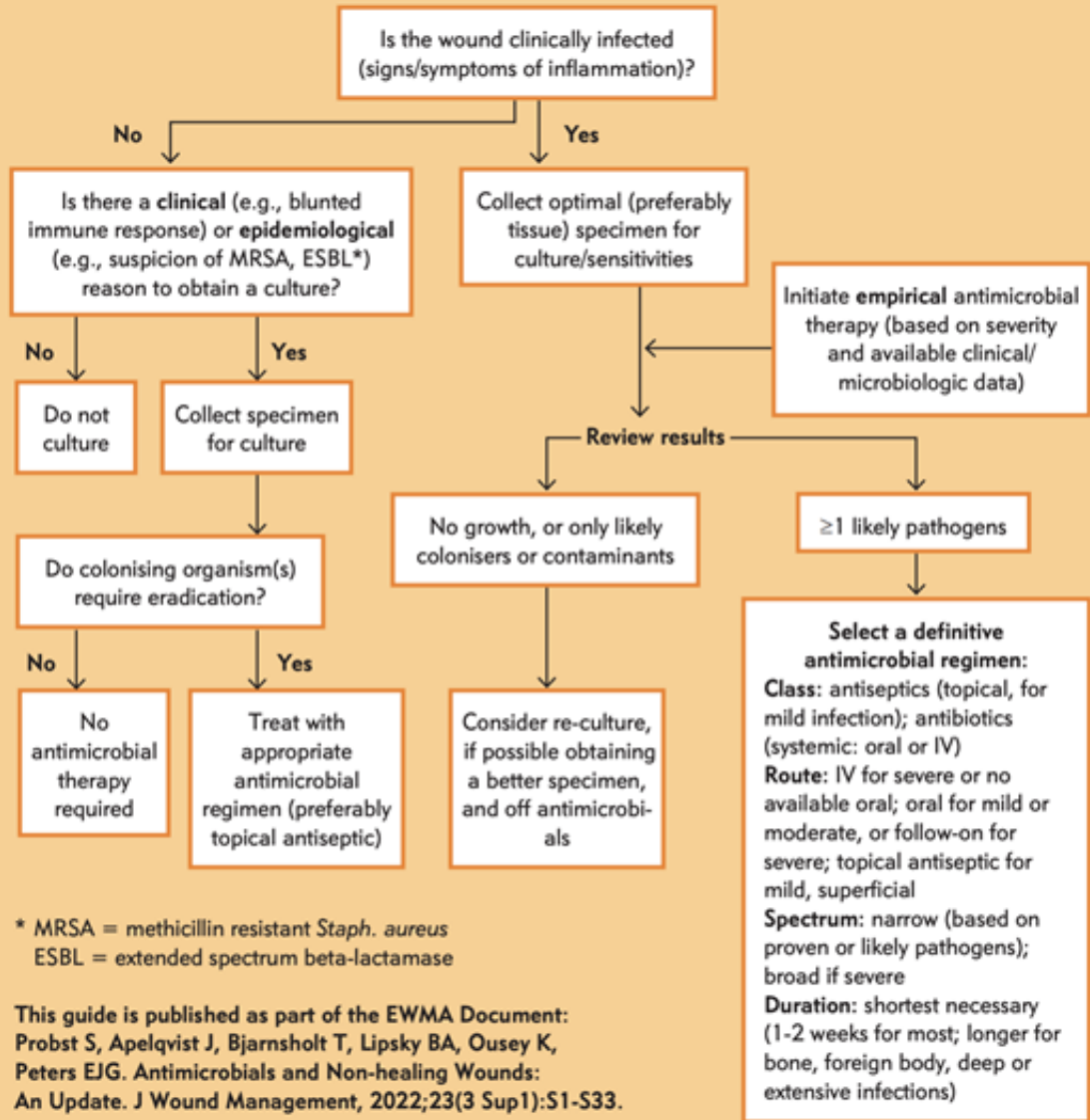
Bundles



- Clinical decision-making algorithm
- Antibiotic choice and duration
- Adjuncts (elevation, incision & drainage, NSAIDs)
- 3-pronged approach:
 - Disseminate via e-mail
 - Annual antimicrobial guide (print + intranet)
 - Laminated copies in work areas
 - Education resident and faculty
 - Prospective audit with real-time feedback by ASP team (Mon-Fri) via phone or text

Source: Walsh T., et al. Mayo Clin Proc Qual; 2017;1-9

A Concise Approach to Treating Potentially Infected Wounds



Algorithm from the European Wound Management Association (EWMA)



ewma.org/fileadmin/user_upload/EWMA.org/EWMA_Documents_PDF/Antimicrobial_Stewardship_in_Wound_Care_UK.pdf

Bundling Interventions

Outcomes

Length of Stay

- **1.4 day** (3.6 +/- 2.5 -> 2.2 +/- 1.3 days, p<0.001)

30-day mortality

- **1.4%** (6.3% -> 4.9%, p=0.64)

30-day readmission

- **2%** (3.8% -> 1.8%, p=0.22)

Outcomes

Total Antibiotic Duration

- **29%** (12.5 +/- 3.8 days -> 8.8 +/- 2.2 days, p<0.001)

Gram-negative Antibiotics

- **56%** (71% -> 15%, p<0.001)

Anaerobic Antibiotics

- **47%** (63% -> 16%, p<0.001)

Micro Nudges

Endorsed by IDSA/SHEA and CLSI

Goal: Guide prescribers towards certain antibiotics

- Selective or cascading reporting are most common
- Should be interdisciplinary (developed by lab, stewardship, end-users)
- Can be implemented at different timepoints inpatient care: initial work-up, antibiotic-initiation/selection or end (duration)

Three forms:

- 1- **Present desirable** options, and **mask undesirable** options
- 2- Frame recommendations with **comments to guide decisions**
- 3- **Visually enhance desired** options

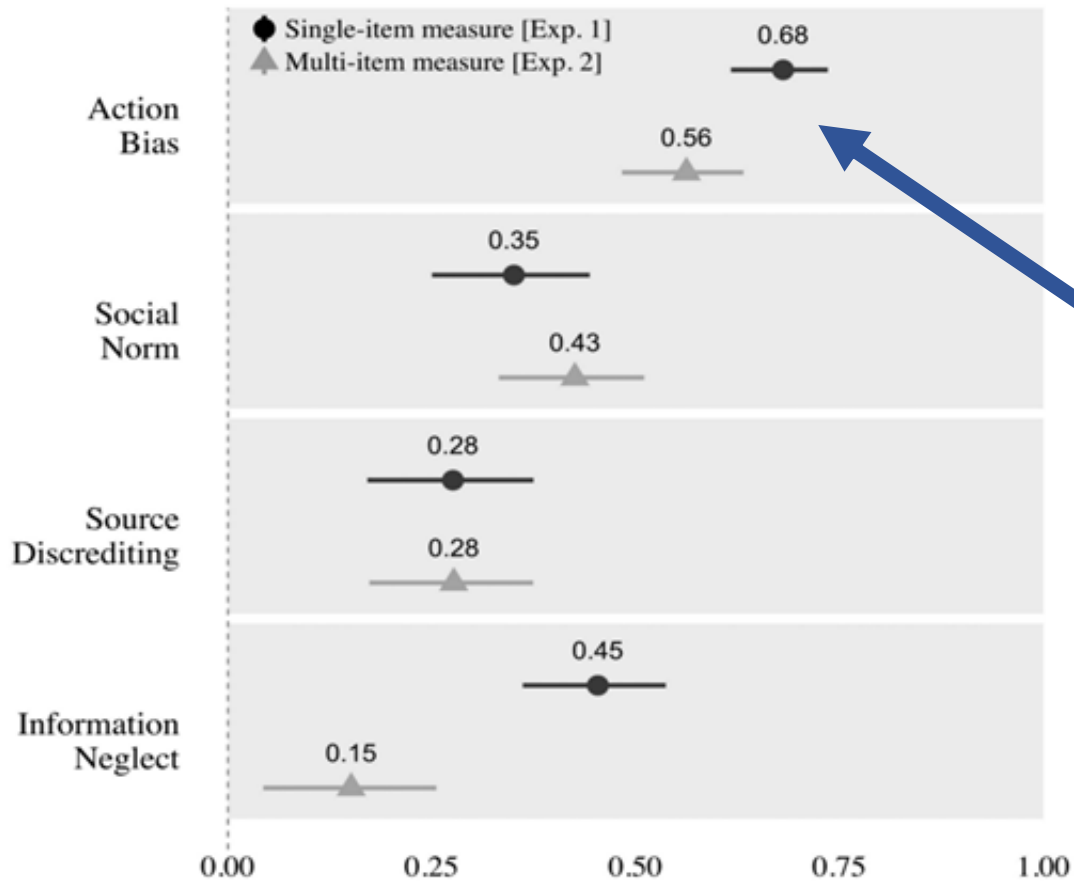
Reporting Nudges

Leverage the Laboratory to Improve Antibiotic Use

- **Result** text interpretation
- “No MRSA/no Pseudomonas identified”
- “No neutrophils or pus cells identified in the sample indicating minimal inflammation possibly consistent with normal flora or contamination”
- “This specimen will not be processed further as the microscopic exam shows epithelial cells with minimal inflammation. Culture may represent bacterial colonization”

Communication Strategies

Correlation for cognitive bias with the decision to take antibiotics



Source: Thorpe A et al. J Exp Psychol Applied, 2020;26(3): 422-31.



Communication Strategies

Reframe the Inaction Message - Prescriber

- “Watch and wait”
- “Wait for cultures”
- “Cultures are negative there is nothing more to do”
- “Start elevating your legs at least 2 times a daily, avoid dangling, and start wearing compression stockings”
- “Good news! Although we probably did not need cultures since the wound has not changed recently, they confirm it is only normal skin bacteria in the wound. Let me know if you develop symptoms of a skin infection (spreading redness, warmth, increased drainage or fevers)”

Communication Strategies

Reframe the Inaction Message - Nurse

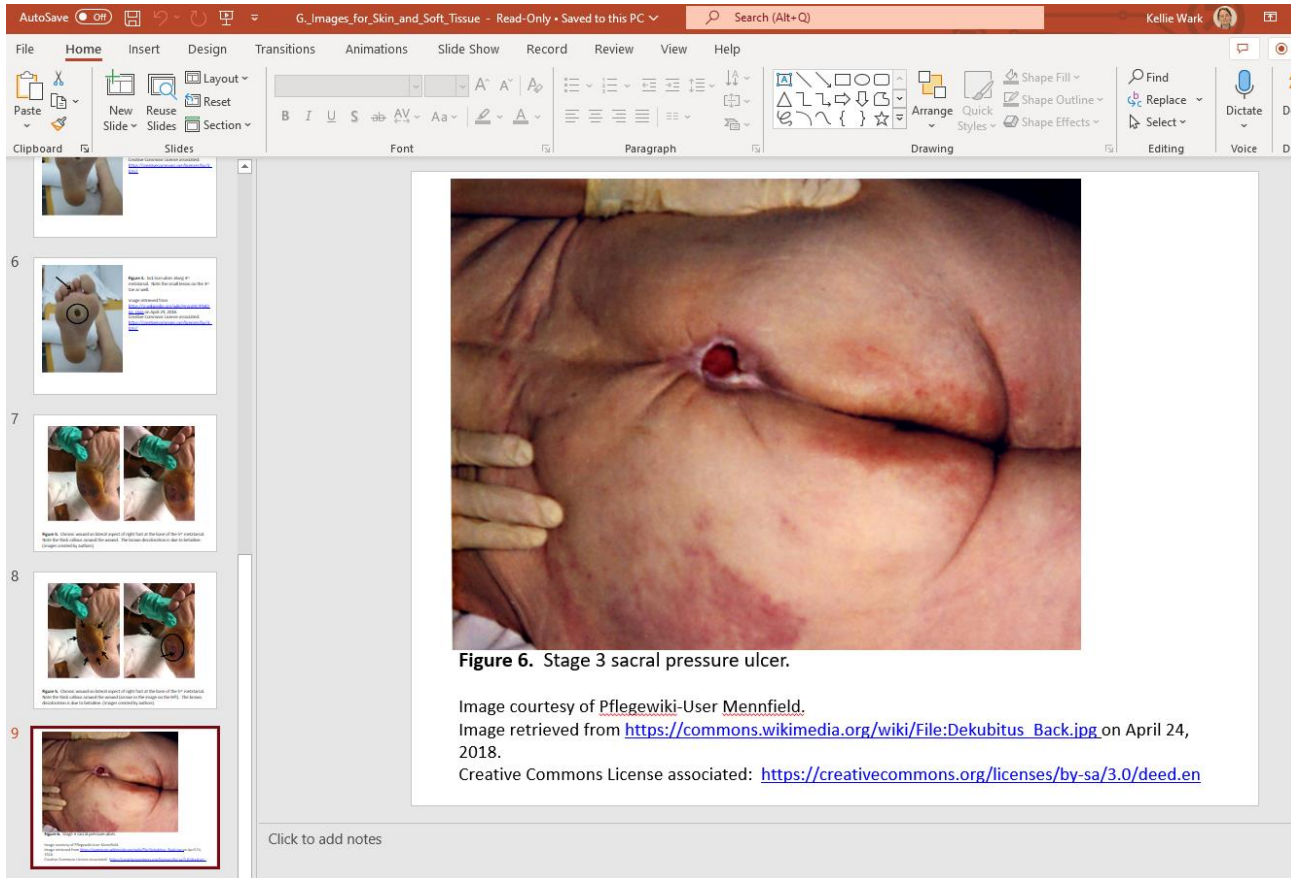
- “Likely not an infection, call back if symptoms change”
- “The chronic drainage is because the wound is open, but unless you develop symptoms of redness, increased pain, warmth or fevers or other new or concerning symptoms, the antibiotics will not help. Let’s get you over to wound clinic to help heal this wound”
- “Cultures are negative there is nothing more to do”
- “Given symptoms are inconsistent with wound infection I am documenting that no McGeer criteria are met”

Education

Case-based discussions, 1-hour x 5 sessions

- Recognition, diagnosis, management of NH residents
 - Small group discussions
 - Video-conferencing
- Attendants self-rated as more likely to make changes
 - Rated 2.89 (3 on Likert scale was “highly likely to make changes”)

Education



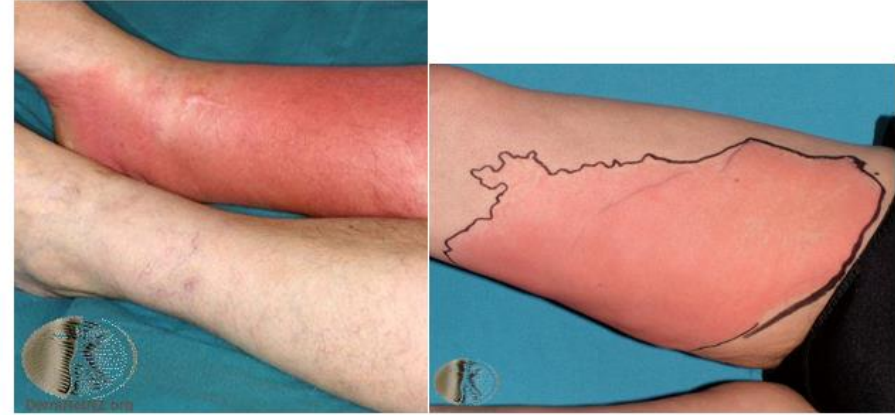
The screenshot shows a PowerPoint slide titled "G_Images_for_Skin_and_Soft_Tissue". The slide displays a photograph of a patient's sacrum with a stage 3 pressure ulcer. The ulcer is a deep, circular wound with a dark red, necrotic center and a surrounding area of red, inflamed skin. The patient is lying on their back, and the ulcer is located in the lower back area. The slide includes a caption and citation information.

Figure 6. Stage 3 sacral pressure ulcer.

Image courtesy of [Pfegewiki-User Mennfield](#).
Image retrieved from https://commons.wikimedia.org/wiki/File:Dekubitus_Back.jpg on April 24, 2018.
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Case 1

An 68 year-old male with congestive heart failure, chronic lower extremity edema, diabetes mellitus and end-stage renal disease treated with intermittent hemodialysis through a tunneled right internal jugular central venous catheter presents to the emergency room with abrupt onset of right lower extremity pain associated with redness and swelling that evolved over a period of several hours (Figure 1a & 1b).



Figures 1a & 1b: Notice the integrity of the skin, the ill-described border of the lesion and that the erythema extends up medial aspect of the leg.

Images courtesy of [DermNetNZ.org](https://www.dermnetnz.org); Images retrieved from

<https://www.dermnetnz.org/imagetdetail/3583> (Figure 1a) and

<https://www.dermnetnz.org/imagetdetail/3587> (Figure 1b) on April 24, 2018.

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The patient has a low-grade temperature (99.9°F) at presentation but is otherwise hemodynamically stable. His white blood cell count (WBC) is slightly elevated (10.6 cells/ μ L).

What is the most likely diagnosis?

What is the most likely causative pathogen?

Download the Cases, Discussion Script & Presentation

ncbi.nlm.nih.gov/pmc/articles/PMC6346280/bin/mep-14-10754-s001.zip

Education



EWMA Wound and Infections

3-weeks, 2 hours/week

- Antibiotic Stewardship in wound management
- Identifying wound infections and prevention of infection, identify early signs of infection
- Cases, change management strategies

E-learning (free)

futurelearn.com/courses/antimicrobial-stewardship-in-wound-management/2

Webinars

ewma.org/what-we-do/education/on-demand-webinars

Patient Education



LOOKING AFTER YOUR WOUND AT HOME & HOW TO CHANGE A WOUND DRESSING

Get the lowdown at legsmatter.org

LEGSMATTER!

BEYOND CARE TOGETHER... BLS WOUND CARE SPECIALIST SVN Society of Wound Care

IN RECOGNITION OF OUR PLATINUM PARTNERS: HUNTLEIGH Medtronic ER HUSCO

LOOKING AFTER YOUR WOUND

Helping to look after your own wound (or helping someone look after their wound) is likely to improve your quality of life and protect you from infection through reducing contact with others. Helping to look after your wound also helps others, by reducing pressure on the NHS. We do not know if any particular type of dressing helps a wound heal faster. The most important thing is that the dressing used for your wound is comfortable and absorbent enough to prevent leaks. Dressings can stay in place up to 7 days unless the dressing becomes loose, or leaks, or becomes uncomfortable for you have been advised otherwise. Try to avoid getting the dressing wet. *This short video shows a dressing change*

PREPARE TO CHANGE THE DRESSING

1. Clean the table or work surface you are going to put the new dressings on with sanitising wipes or a solution of warm water and detergent (washing up liquid).
2. Wash your hands thoroughly with soap and water for 20 seconds, especially between fingers and palms of hands. Dry hands with a clean towel/kitchen roll.



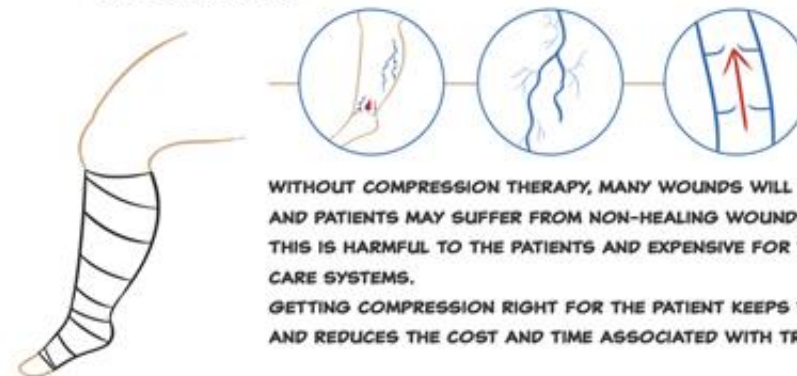
Get the lowdown at legsmatter.org

LEGSMATTER!

COMPRESSION THERAPY WHY YOU NEED TO GET IT RIGHT!



COMPRESSION THERAPY HAS THE POWER TO HEAL WOUNDS: IT IS A CORNERSTONE IN THE TREATMENT OF MOST ULCERS ON THE LOWER LEGS - THIS IS SUPPORTED BY SUBSTANTIAL EVIDENCE AND GUIDELINES.



WITHOUT COMPRESSION THERAPY, MANY WOUNDS WILL NOT HEAL, AND PATIENTS MAY SUFFER FROM NON-HEALING WOUNDS FOR YEARS. THIS IS HARMFUL TO THE PATIENTS AND EXPENSIVE FOR THE HEALTH CARE SYSTEMS. GETTING COMPRESSION RIGHT FOR THE PATIENT KEEPS THEM SAFE AND REDUCES THE COST AND TIME ASSOCIATED WITH TREATMENT.



WITH COMPRESSION THERAPY IT IS POSSIBLE TO:

- ✓ INCREASE BLOOD FLOW IN THE LEGS
- ✓ IMPROVE BLOOD FLOW TO THE HEART
- ✓ SUPPORT THE VEINS
- ✓ DECREASE SWELLING



E-learning

[youtube.com/watch?v=9F7GbCoiAIM&t=45s](https://www.youtube.com/watch?v=9F7GbCoiAIM&t=45s)

Infographics

- legsmatter.org/help-information/resources-for-healthcare-professionals/advice-for-how-patients-can-care-for-a-leg-ulcer-at-home-during-the-coronavirus/
- ewma.org/what-we-do/compression-therapy/campaign-materials

Practice Changes

Workflow Algorithms

- Review diagnostic/treatment tools or algorithms to determine if outdated or not evidence based
- Quit the dipsticks
- Obtain and store cultures properly
- Multidisciplinary approach (wound clinic for chronic wounds, vascular/podiatry for foot wounds)

Guidelines

- Include **not** treating colonized wounds (and exceptions)

Decision Support

- Results message-framing, nudging
- Diagnostic pathways

Communication

- Prompts
- Alternative treatment tools

Education

- Staff + patients
- Peer education
- Providers re: guidelines

Thank You!

Kansas Department of Health and Environment

Kellie Wark, MD, MPH

AS Lead

Kellie.Wark@ks.gov

Bryna Stacey, MPH, BSN, RN, CIC

HAI/AR Section Director

Bryna.Stacey@ks.gov

KFMC, Health Improvement Partners

Loretta Fitzgerald, RN, BSN

Quality Improvement and Infection Control
Consultant